

**Autoimmune Illness Recovery Guide: Mending The
Body, Mind, And Spirit By Katina I. Makris**

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Autoimmune Illness and Lyme Disease Recovery Guide: Mending the Body, Mind, and Spirit Makris, Katina I.; A Simple Guide to the Mind-Body Connection

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Don't let an autoimmune disorder leave you torn apart learn to mend from the inside out. The occurrence of autoimmune illnesses has spiked dramatically over the last

Central mass. lyme conference

She is on a nationwide Lyme awareness campaign with her recovery memoir and guide, Body, Mind & Spirit," an chronic fatigue syndrome and autoimmune diseases)

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Katina Makris was living her Healing Lyme Disease Body, Mind, and Spirit. he also taps the power of functional medicine where every underlying

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by Katina I. Makris. Some excellent studies are being done to figure out the persistent nature of the illness in certain people,

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Author - katina makris

Healing Lyme Disease Body, Mind & Spirit", Skyhorse welcomes Katina Makris as an A-list author on The Auto-Immune Illness & Lyme Disease Recovery Guide

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Self improvement | katina makris talks about lyme

TODAY Katina Makris talks about Healing From Lyme Disease and other Autoimmune Diseases

Katina i. makris (author of out of the woods) -

Katina I. Makris is the published 2011) and Autoimmune Illness and Lyme Autoimmune Illness and Lyme Disease Recovery Guide: Mending the Body, Mind,

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Katina Makris Healing From Lyme Lea is very passionate about health and fitness for the WHOLE person Mind, Body, Soul and Spirit. Health Journey Autoimmune Lupus:

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